




# Annual Report 2021-2022

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**Our mission is to make a positive difference to the lives of carers and the people they care for by offering tailored support that is professional, respectful, non-judgemental and meets individual need.**



# Carers Link Lancashire

**10,823**

REGISTERED ADULT CARERS

**26%**

OF REGISTERED CARERS ARE FROM  
BURNLEY

**24%**

OF REGISTERED CARERS ARE FROM  
PENDLE

**23%**

OF REGISTERED CARERS ARE FROM  
HYNDBURN

**14%**

OF REGISTERED CARERS ARE FROM  
ROSSENDALE

**11%**

OF REGISTERED CARERS ARE FROM RIBBLE  
VALLEY

**2%**

OF REGISTERED CARERS RESIDE OUTSIDE  
OF EAST LANCASHIRE BUT CARE FOR  
SOMEONE WITHIN THE AREA

# INTRODUCTION FROM THE CHAIR OF TRUSTEES

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This is my second annual report since being elected as Chair of Trustees in September 2020.

It has been a challenging two years for the organisation with the ongoing pandemic and the economic and social impact upon our communities.

However, despite this I am very pleased to report that the organisation has continued to provide ongoing support for our registered carers by offering different ways of engagement and increasing new referrals.



I am also pleased to report that our performance against key contracts such as Lancashire County Council have been more than met and with us again being awarded Children In Need funding ensuring that we are able to continue providing support for our Young Carers.

Since the retirement of Brian Birtle as Trustee in the role of Treasurer the finance role has continued to be very ably managed by Jeff Leahy with the support of the finance group and the wider Board of Trustees. You will find an overview of the organisations financial position within the accounts and Treasurers reports sections of this annual report.

I have continued to be supported by our excellent team of Trustees and management team and am assured that the governance structures we have in place continue to provide and support our ability to respond to the external challenges the organisation faces so that we can demonstrate an effective, viable and efficient service for the benefit of our carers across the footprint of East Lancashire.

I am as ever grateful for the ongoing commitment of my Trustee colleagues for their advice and support to the Board and sub groups which requires time, exploration of key elements of business and organisation which is provided voluntarily alongside other personal commitments such as work, social activities and personal responsibilities such as in some cases caring roles.

I would encourage anyone who is interested in applying to become a volunteer Trustee, or one of a number of other volunteer roles available, to contact myself or any of our Trustees or through our CEO Rebecca directly via the office.

One of our main strategic objectives is to further develop our charity shop portfolio and I am pleased to report that during the year a site has been procured in the Colne area to develop a second charity shop outlet. A project plan is currently in progress along with an ongoing review of our existing charity outlet and café sited within the Blackburn Road, Accrington premises.

I would also like to thank the two Boroughs of Hyndburn and Rossendale for their continued support to our Board through the ongoing election of representative Trustees.

Finally, I thank once again our excellent committed staff and volunteers for their hard work in supporting our Carers across Lancashire and continuing to support the charity especially during these challenging times.



Carol Pollard

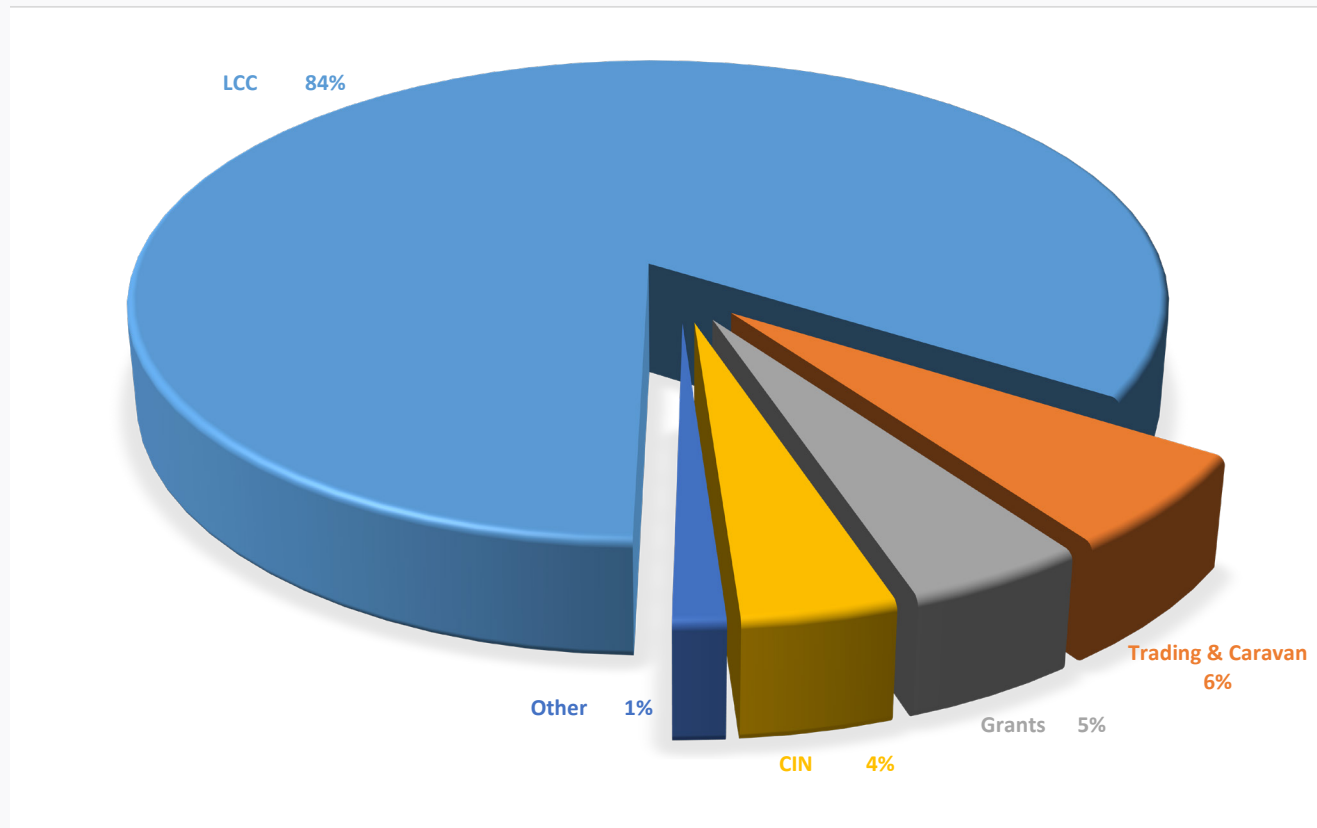
## BOARD OF TRUSTEES

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**Carol Pollard**  
**Jeff Leahy**  
**Melissa Fisher**  
**Patricia Ahmed**  
**Brian Ozenbrook**  
**Mustafa Mohammed**  
**Shakil Salam**  
**Susan Bibby**  
**Barbara Ashworth**

# TREASURERS REPORT

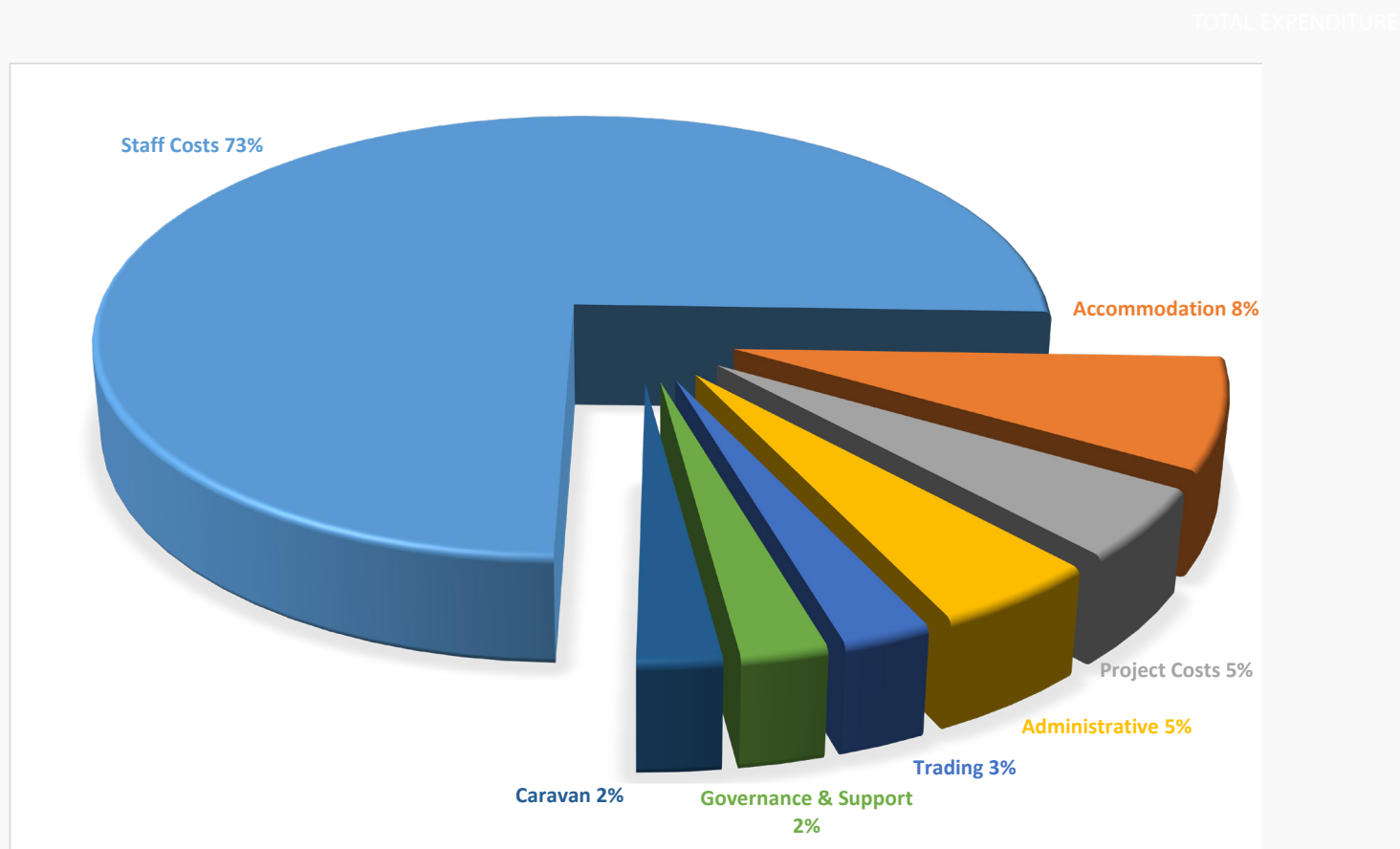
The Charity's activities were still impacted by the Covid 19 Pandemic during the financial year. As well as continuing to adopt more flexible working practices there were inevitable income shortfalls from the Caravan, Retail and Café trading activities. Whilst some of these losses were mitigated by government support grants, overall revenue at £907k fell short of budget by approx. 8%. Lancashire County Council still remains a large percentage of total income. In response to the budgeted revenue shortfall the management team did an excellent job of reducing costs (largely management and staffing) to achieve a slightly higher than budgeted surplus at year end.



In February 22, the Charity completed the purchase of a retail property in Colne (for £105k) with the objective of establishing another retail outlet to diversify income, as well as building a presence in one of the communities we serve. The property will require upgrading, and the expectation is that most of this cost will be grant funded. The year-end cash and reserves position remains healthy being greater than 3 month's operating costs.

*Self* *Leahy*

Jeff Leahy



## EXPENDITURE

APRIL 21 - MARCH 22 / SPLIT BY TYPE

# CEO REPORT

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I am delighted to share with you in this year's report some key achievements and findings from the financial year. Throughout another rocky and uncertain past 12 months, we have continued to see carers being isolated from their friends and wider family, with many trying to rebuild their lives whilst learning to adapt and live with Covid 19.

With restrictions ending, we were delighted to once again open our doors and welcome unpaid carers and the wider communities back to our community facility, offering a wide range of free groups, events and activities to ensure that carers could recover from the pandemic, working to improve overall physical, mental and emotional wellbeing.



A great achievement throughout the year was the charity winning the Large Business Award at the Hyndburn Business Awards alongside myself being awarded the Most Enterprising Person Award. This is something I am extremely proud of and I would personally like to express our sincere thanks and gratitude to those who nominated us.

Towards the end of the year we saw the cost of living crisis begin to set in with carers being in receipt of the lowest benefit of its kind at a shocking £67.60 per week!! This is a disgraceful amount with carers often undertaking the roles of health and social care professionals. Undoubtedly, unpaid carers are now left worrying about the future and how they are going to cope financially. As a charity, this is something we feel passionate about and we want to see the government more widely recognising & appreciating unpaid carers by significantly increasing this rate. Moving forwards, we will continue to support carers financially, commissioning personal budgets and securing external grants & benefits to ensure their needs are met.

Throughout the year, we have secured £409,466.20 in unclaimed benefits for carers by providing a dedicated welfare and benefits worker who advises on benefits that carers are entitled to, assisting them with completing claim forms and ensuring carers receive the benefits they are entitled to. This coming year we are aiming to increase this support by at least 20% to ensure carers have their emerging needs met with the challenges the cost of living crisis brings.



Behind every  
condition there is a carer

There are over  
42,000 carers in  
East Lancashire



On behalf of myself and the Trustees, I would like to thank our staff team and volunteers for their resilience and professionalism shown throughout the year, always working hard, showing commitment and compassion to carers. And of course a huge thank you to our 10823 unpaid carers for selflessly undertaking your roles throughout a challenging and worrying year- you are all always on the top of our agendas!

*Rebecca Hodgson*

Rebecca Hodgson

# THE LANCASHIRE CARER SERVICE

The Lancashire Carers Service works across the county providing support, guidance and information to adult carers. The service is delivered in partnership with n-compass who deliver in North and Central Lancashire with Carers Link Lancashire delivering in East Lancashire. The service supports people in their caring role, undertaking statutory carers assessments and supporting their emotional health and wellbeing. Throughout the year, the charity has undertaken a total of 4852 statutory carers assessments, of which 1393 new assessments and 3459 were reviewed assessments.

This year has seen an increase of +1% in the numbers of statutory assessments undertaken in comparison to last year. We also supported 6206 existing registered carers with further support and services an increase of +39% of existing carers requesting and receiving additional support, compared with 2020/2021.

1393

## CARERS ASSESSEMENTS

We have completed 1393 New Carers Assessments with carers

3459

## REVIEWS

We have reviewed 3459 Carers Assessments with carers

723

## EMERGENCY PLANS

We have implemented 723 POM4C emergency plans with carers

5655

## 1-2-1 SUPPORT SESSIONS

Provided 5655 1-2-1 support sessions for adult carers

This year has seen an overall increase in the number of new referrals. We have identified 1933 hidden carers, a massive increase of +27% compared to 2020/2021. Additionally, we have secured 75 personal grants with £21,031.57 additional income being secured for carers, provided 182 parent carers with a free Max Card enabling families to receive free and discounted access to recreational facilities and issued 1003 go2 Leisure cards, which enable carers to have highly discounted access to a range of health and wellbeing facilities & services across East Lancashire.

# ADDITIONAL SUPPORT AND SERVICES

*"I care for my husband and at the beginning of the pandemic Carers Link Lancashire rang me to check if we needed anything. They helped me arrange vital food and medicine deliveries from local volunteers when we were isolating. It really reassured me knowing they were there to support us through such difficult times. They are all very kind" Carer*

350

## WELFARE CALLS

Undertook 350 welfare calls to carers who were identified as particularly vulnerable after restrictions began to lift.

62

## CARER AWARENESS SESSIONS

To a range of audiences with 514 professionals receiving the training throughout the year

80

## SUPPORT GROUPS

Provided 80 support groups which have been attended by 375 carers.

182

## MAX CARDS

Issued 182 Max Cars, enabling families to receive free and discounted access to recreational facilities.

## WELFARE & BENEFITS

Our dedicated worker secured £409,466.20 in unclaimed benefits for carers, assisting them with completing claim forms and ensuring carers receive the benefits they are entitled to.



## FREE COUNSELLING SESSIONS

Provided 212 free counselling hours to carers through a team of 10 volunteer counsellors.



## ADDITIONAL WELFARE SUPPORT

We identified carers who may be vulnerable and at risk due to Covid-19. Throughout the year we undertook 350 welfare calls to this identified group helping to reduce poverty, isolation and loneliness.

# CARERS STORY

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Les cares for his wife Linda who suffered from two severe and life-threatening strokes. After several months in hospital, Linda was discharged home and was totally dependent on Les for all her care needs. *“This changed our lives forever and I decided to give up my job as a Manufacturing Manager to look after Linda fulltime. I wanted to give her the best quality of life that she could have”*

Due to the chronic fatigue and medication Linda takes, she sleeps around 14 hours a day, so the couple do everything between the hours of 12pm – 7pm. *“We go out every day and make the most of it.”* Having experienced the devastating effects of his wife’s stroke, Les understands the complexity of strokes and how important it is to connect with other people. Les now helps out at several Stroke Association groups including the allotment, choir and Fun 4 Stroke. He always tries to make sure everyone at the groups feels included. Les also enjoys volunteering at our charity shop in Accrington.

*“Becoming a volunteer in the shop has helped in many ways. It is my respite; I can totally switch off from my caring role whilst providing a valuable service that gives me a great deal of satisfaction”*

Les explained that the best part of caring for someone is the personal satisfaction of knowing you are helping in some way to improve their quality of life and that the worst thing is the constant worry of becoming ill yourself and not being able to look after the person you love dearly.

We asked Les how the Carers Service has supported him over the years *“When I first registered, I had a Carers Assessment which was an opportunity to talk about my caring role and the support that is available. Part of the assessment included planning for an emergency and setting up a Carers Peace of Mind Plan just in case something unexpectedly happened to me, and I was unable to care for Linda.”*

*“Being a part of the service has helped take away some of the ‘What if’ and replaced it with some reassurance if an emergency did occur. I always recommend the benefits of having an assessment to any carers I come across.”*

Les is one of the finalists for the Carer of the Year award at this years BBC Radio Lancashire Make a Difference Awards which recognises unsung heroes from across the county. It wasn’t a surprise when we found out he was a finalist because as well as always going above and beyond to support his wife he also does the same for other carers and anyone he has come into contact with over the years. We wish him lots of luck at the special awards night in September where the winners will be announced.

**35%**

OF REGISTERED CARERS ARE  
CARING FOR AN OLDER PERSON

**9%**

OF REGISTERED CARERS ARE  
CARING FOR SOMEONE WITH  
A LEARNING DISABILITY

**12%**

OF REGISTERED CARERS ARE  
CARING FOR SOMEONE WITH A MENTAL  
HEALTH ILLNESS

**12.5%**

OF REGISTERED CARERS ARE  
CARING FOR SOMEONE WITH  
DEMENTIA

**12%**

OF REGISTERED CARERS ARE  
CARING FOR A DISABLED CHILD

**1.5%**

OF CONDITIONS ARE UNKNOWN

**17.5%**

OF REGISTERED CARERS ARE  
CARING FOR A PERSON WITH PDSI

**0.5%**

OF REGISTERED CARERS ARE  
CARING FOR SOMEONE WITH  
SUBSTANCE MISUSE



# JAN CARROLL - A VOLUNTEER STORY



## **How did you start or what motivated you to volunteer with Carers Link Lancashire?**

*In 2009, having recently retired, I found myself looking after my Father; he lived with us, was 99 years old and his health was deteriorating. I was advised by an acquaintance to contact Carers Link and request an assessment. During the assessment I was given information regarding things I could access as a carer, e.g. massage. I explained that as a Reiki Practitioner, I would be willing to offer my services, on a voluntary, to other carers. The following year my Father died but I continued my involvement as a volunteer, until this year.*

## **Why did you volunteer?**

*I am acutely aware of the complexities of the caring role, I was a professional carer for 28 years. I have great empathy and insight of how unpaid carers strive to provide care and cater for their loved ones needs, putting their own needs, and desires to one side. During a session of Reiki they can feel at ease and focus on themselves for a short while.*

## **Best moments/feedback ?**

*I feel that it has been a very rewarding experience, over the years, I have been able to provide carers with a unique opportunity to receive an holistic health therapy. I have seen people relax and benefit physically, mentally, and emotionally as a result.*

## **What would you say to someone who was thinking about volunteering?**

*I am honoured to provide this service, I feel as if I am giving something of myself, my time, and effort to enable carers to feel better. It is very rewarding, and, gives one a sense of purpose. Using your skills to assist others is as beneficial to the provider as it is to the recipient.*

# VOLUNTEER LED SERVICES

As of the 31st March 2021, Carers Link Lancashire has 105 active volunteers who are assisting in supporting in the direct delivery of services and facilities.

Throughout the year 137 volunteers have provided the organisation with a total of 5609.50 volunteering hours. A massive increase in support from 20/21 of +214% due to restrictions of the national pandemic ending throughout the year.

If quantified into a paid salary at national minimum wage, this would work out as £53,290.25 in volunteering time.

*"It is my respite and takes my mind off my caring role. I bring Linda in with me and she enjoys working with Irene as a team which means I can be behind the till and not worry for a while. It's just a nice outlet for me really."*

*Les, Charity Shop Volunteer*

137

REGISTERED VOLUNTEERS

5609

TOTAL VOLUNTEERING HOURS



# CARERS COMMUNITY FACILITY

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Our community facility is visited by over 100 local people per day – that’s a massive 26,000 people per annum who come through our doors!

Our vision is that the community facility will bring carers and the wider community together providing an array of services, community events, drop in sessions, workshops, support groups, luncheon clubs, affordable home cooked food, a beautiful garden to enjoy, quality second hand items in our shop, carers resource library and the list goes on and on....!

Our colourful garden provides a peaceful haven for carers and the person they care for to take time out to sit, enjoy a coffee, snack or a delicious homemade lunch in beautiful, friendly surroundings. Our community cafe offers home cooked lunch specials, wonderful baked cakes, a childrens menu with popular milkshakes. We’ve had some fantastic feedback from our customers, especially about our award winning coffee and our delicious lunch time paninis.





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*“It was so good to be here in the community garden today, to listen and share experiences. Thank you to all the team for the welcome, the lovely food made with love, and the wonderful service”*

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## HYNDBURN BUSINESS AWARDS

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The charity were nominated and finalists for 3 awards at the Hyndburn Business Awards! The charity were winners of the Large Business award and were highly commended in the Not for Profit Award. Rebecca Hodgson was also a finalist as Hyndburns Most Enterprising Person Award and successfully took away this award. This is a fantastic achievement for the charity demonstrating the impact, support and services to carers and the wider communities across Hyndburn!

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# YOUNG CARERS SERVICE

As of the 31st March 2021 the Young Carers team were supporting 113 registered young carers from Hyndburn & Ribble Valley. During the pandemic, we have increased our amount of support offered to young carers and have implemented further support and services to address needs including increasing young carers resilience's and coping mechanisms. Young carers roles and responsibilities have also been heightened as a direct result of COVID 19 and this continues to have a detrimental and negative impact on our YC's.

117

ARE WORKING WITH US  
THROUGHOUT THE YEAR

75

TARGETED GROUP SESSIONS

258

1-2-1 SESSIONS WITH YOUNG  
CARERS

235

FREE ACTIVITIES/  
OPPORTUNITIES FOR RESPITE

52

LOCAL SCHOOLS IN EAST  
LANCASHIRE ARE NOW  
WORKING WITH US

As a direct result of the coronavirus pandemic, there has been a significant increase in the numbers of children and young people undertaking caring roles and who have become young carers with a significant number of these being hidden and in receipt of no support. Since the pandemic, we have been working tirelessly with partners to ensure they are identified. Moving forwards, searching for additional income to expand capacity and support in the young carers team.



# YOUNG CARERS STORY

Jessica, 15 was referred to the Young Carers team by school, she was helping to care for her father who suffers with severe mental health issues. When we initially met Jessica she was very withdrawn and anxious. Jessica would just walk with us in the park and gradually she began to open up about how she was feeling. She had become very isolated, was lacking confidence and did not want to leave the house for long. Jessica missed school and when she did attend was unable to concentrate on her lessons and worried about her dad.

Working with school she is able to receive support from the Pastoral Team and also has a pass to leave class and go to a quiet space if she starts to feel upset about her dad. This has led to better attendance and improved grades in most subjects.

Jessica started attending the time out sessions and met other young carers. Jessica is really good at Art so we worked with this in the sessions, Jessica began to relax more and soon started to make friends, her confidence began to grow, she attended ice skating, bowling, cinema and well-being activities and it was wonderful to see her with the other young carers laughing and joking.

Jessica continues to make progress and she is now able to look towards the future. Home life has improved, dad has the vital support he needed and her mum was referred to the Adult Carers service so she could get the support she needed and she was eventually able to return to work.

Jessica says:

*"Being a young carer can be tough but I feel I have learnt so many things and gained lots of skills. I understand about mental health and how it can affect not just the person with the illness but all the family. When this affected my family I found I needed help and I was able to get support, this has made me stronger and my confidence has increased. I became interested in raising awareness about mental health and even did a presentation for my teachers in school something I didn't ever think I would be able to do before. Thank you for all your help"*

**23% of our registered young carers are caring for someone with a mental health condition**

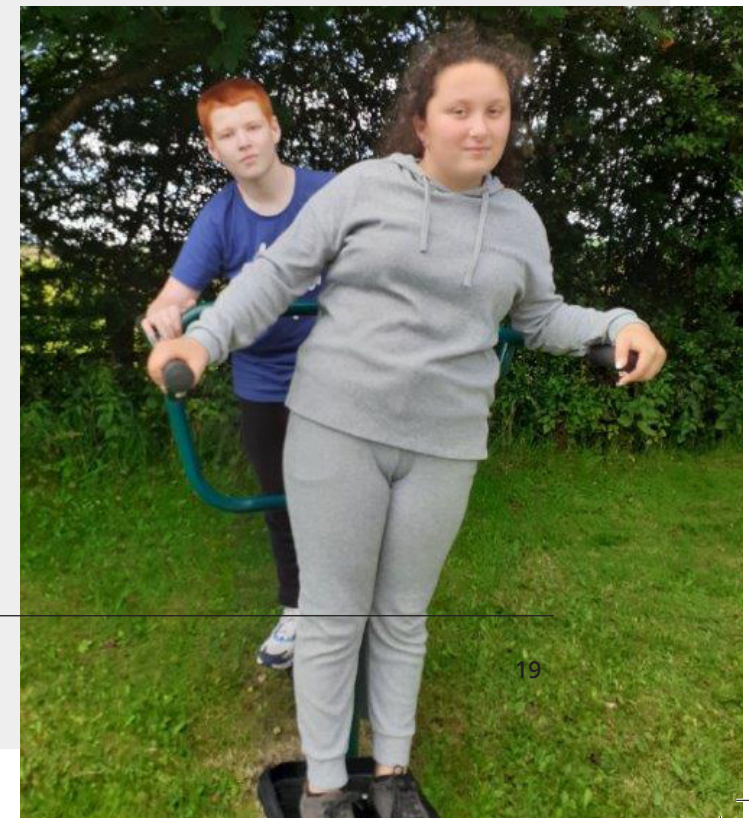
**48%**  
OF REGISTERED YOUNG CARERS  
ARE CARING FOR MUM

**11.5%**  
OF REGISTERED YOUNG CARERS  
ARE CARING FOR DAD

**27.5%**  
OF REGISTERED YOUNG CARERS  
ARE CARING FOR BROTHER

**10%**  
OF REGISTERED YOUNG CARERS  
ARE CARING FOR SISTER

**3%**  
OF REGISTERED YOUNG CARERS  
ARE CARING FOR ANOTHER RELATIVE



# PARTNERSHIP WORKING

Carers Link Lancashire are very proud to be part of the Integrated Neighbourhood Teams in each borough of East Lancashire, as being part of these teams enables Carers Link Lancashire to further support our unpaid carers alongside other health and social care professionals and it is also a great opportunity to identify hidden carers who may benefit from our services. By attending regular Multi-Disciplinary Team meetings, Patient Progression meetings and Networking meetings we are able to ensure that carers stay at the forefront of everyone's mind and are supported in the very best way possible.

## What is the Integrated Neighbourhood Team?

The aim of the Integrated Neighbourhood Team is to improve the co-ordination between different health and social care services, community services, family members and carers to provide a more personalised joined up service for patients with complex needs.

## Who is part of the Integrated Neighbourhood Teams?

Local Primary Care Teams including GP & Nursing Services, Therapy Services, Mental Health Teams, Social Workers, Intensive Home Support, Carers Link Lancashire, Age UK, Local Hospices, Social Prescribers, North West Ambulance and other local community groups.

**In the last year we have received 242 referrals from the Integrated Neighbourhood Teams**

## What do the Integrated Neighbourhood Teams think?

"The joint working with Carers Link Lancashire at Pendle West INT has enhanced the quality of support and care offered to those referred to the neighbourhood. Carers Link Lancashire are a regular and integral member of the MDT meetings which support a holistic approach to working on individuals goals and seeking to improve quality of life and support self-management. Carers Link Lancashire also attend monthly networking meetings to share updates about services."

**Catherine Ashworth – Complex Case Management Lead for Pendle West INT**

## Which Integrated Neighbourhood Teams are Carers Link Lancashire part of?

Pendle East and West,  
Burnley East and West,  
Hyndburn Central and Rural,  
Rossendale East and West,  
Ribblesdale.



# OVERCOMING THE PANDEMIC

Throughout the year, the charity has undertaken a total of 4852 statutory carers assessments, an increase of +1% in comparison to 2021/22.

In total we commissioned £446,535.54 in personal budgets of which 65% of carers had their needs met by universal services, which demonstrates our skilled workforce in meeting needs locally through ours and partners services and support.

## **OVERCOMING ISOLATION AND LONELINESS - COVID RESPONSE FUND GRANTS**

This project aimed to encourage people to access local facilities for information, support and guidance. It has also brought new carers and the wider community in to our community space. Whilst attending they were given up to date information on what we can offer as a Carers Service alongside signposting to other services, Max discount cards and go2 leisure cards. It has brought new people together as well as offering the opportunity for old friends to meet again face to face in a friendly setting.

- Mindful Mondays attendees have been on a journey of self-discovery with emotional coaching and topics including how to reduce stress, improving happiness and wellbeing, looking at relationships and values and beliefs.
- Feel Good Friday sessions have offered carers the opportunity to engage in sessions teaching them new skills whilst enjoying a hearty substantial meal with either a hot or cold drink.
- Monthly singalongs allowed the people attending to let go and sing their heart out, this was open to the local community and anyone could come along and join in.
- Kirsty uplifted all carers spirits with her wonderful piano sing-alongs on Zoom.
- Carers were treated to a free afternoon tea from our community cafe in Accrington. It was a time for the local community to celebrate new times ahead and all the amazing work carers have carried out during lockdown.
- For our last event of the summer we held a big community event to continue celebrating the vital work that carers did throughout the pandemic and recognise all the wonderful Hyndburn Community Champions!



# A BREAK FROM CARING

The national pandemic and lockdowns saw carers being more isolated and lonely than ever before. Therefore, it was very important for the charity to ensure that after restrictions ended our carers were able to access a range of targeted support groups, training, events, activities and peer support opportunities aimed at overcoming loneliness and isolation. We have successfully provided:

80

## SUPPORT GROUPS

80 support groups which have been attended by 375 carers

21

## EVENTS/ACTIVITIES

21 events / activities engaging with 282 carers

20

## COURSES

20 courses including an Understanding Dementia course engaging with 164 carers

821

## FREE RESPITE OPPORTUNITIES

Supported & provided 821 carers with free respite opportunities

### Carers Meetups

Monthly / 11-1pm

Hyndburn - 4th Monday

Carers Link Community Facility,  
54-56 Blackburn Road,  
Accrington, BB5 1LE

Come and join us for a cuppa and delicious lunch



For more information contact us at 01254 387444



**Coping with Mental Health Course**  
Friday 6th & 13th May  
10:30 - 12pm  
Carers Link Lancashire, 54-56 Blackburn Rd, Accrington, BB5 1LE

Karma Minds Training and Personal Development will deliver this valuable course over two morning sessions.

The course will provide information, guidance and mutual support. It is also an opportunity to develop practical skills in terms of managing your own resilience and mental health wellbeing.

To find out more contact us: [info@carerslinklancashire.co.uk](mailto:info@carerslinklancashire.co.uk)

**Carers Link Lancashire**  
IMPROVING LIVES FOR CARERS

[www.karma-minds.co.uk](http://www.karma-minds.co.uk)

**Carers Celebration Day**  
Saturday 11th June - 10:30am - 3:30pm  
54-56 Blackburn Road, Accrington, BB5 1LE

All are welcome to join us!

- African Drumming – Experience the healing power of the drum circle with Filomena!
- Summer BBQ provided in our Community Garden
- Children's Crafts
- Face painting
- Glitter station
- Information Stands
- Henna Design

Carers Link Lancashire logo.

**CARERS WEEK 2022**  
6th-12th June  
Making Caring Visible & Valued

Monday 6th / Carers Meetup in Longridge / 11 - 1pm  
Our cafes are a place for you to have time out and to meet up with others for conversation, support and friendship. There is no need to book just drop in and if you wish, you can bring the person you care for.

Tuesday 7th / Make a Dementia Memory Box Workshop / 11-1pm  
A tutor from Lancashire Adult Learning will join us at our monthly Dementia Support Group to run a fun workshop to make our own memory boxes for our loved ones to enjoy. Join us for free tea and cake at our Carers Community Cafe in the centre of Accrington.

Wednesday 8th / Wellness Day / Wellness @ The Clinic in Nelson  
Sometimes carers can find it challenging to take care of their own wellbeing whilst looking after someone. We have organised a day for YOU with group classes, massage, reflexology and more. Booking essential see poster on pg 26 for more info.

Thursday 9th / A day at Harwes Farm in Colne / 10.30 - 3.30pm  
Trip to the beautiful Harwes Farm in Colne. Come along, breathe in some fresh farm air, tend to the animals, wander through the forest and enjoy toasted marshmallows round the camp fire. Pick up from central Colne. Contact us to book your place.

Friday 10th / Carers - Get the information you need / 10 - 11am  
Join our O & A session online to get the information you need about Carers Assessments, Benefits, Direct Payments, Emergency Planning, Dementia Support, Residential Care - How does it all work? Our staff panel will be ready to advise.

Saturday 11th / Accrington Food Festival  
There will be an array of regional stalls showcasing the area's finest food producers and retailers, live cookery demonstrations with a celebrity chef, a fabulous Continental food market. We will have an information stand on the outdoor market and our staff will be on hand to offer advice. Please come for a chat and or to simply say hello!

Carers Link Lancashire logo.

**CHOMP**  
Celebrating Achievement, Supporting Talent.

**GRAND FINAL**  
Oswaldtwistle Civic Theatre

Tickets:  
Adult £4.00  
Child £3.00  
Family of Four £10.00

10th March 7pm (Doors Open 6:30pm)

Join us to celebrate the amazing talents and achievements of Hyndburn's young people!

Carers Link Lancashire logo.

**+ 436**

NEW FACEBOOK FOLLOWERS

**+ 143**

NEW INSTAGRAM FOLLOWERS

**+ 90**

NEW TWITTER FOLLOWERS

*"It was nice meeting other people in similar circumstances"*

*"It was a lovely relaxed atmosphere, that opened up conversation we perhaps otherwise wouldn't have had"*

## CARER AWARENESS TRAINING

Throughout the year the charity has delivered 62 carer awareness sessions to a range of audiences with 514 professionals receiving the training throughout the year. This service enables professionals to become 'Carer Champions' for their teams.



# OUR PARTNERS



# OUR FUNDERS



# OUR AWARDS



CARERS LINK LANCASHIRE  
54-56 BLACKBURN ROAD,  
ACCRINGTON, BB5 1LE  
info@carerslinklancashire.co.uk

[www.carerslinklancashire.co.uk](http://www.carerslinklancashire.co.uk)