



Does your work bring you into contact with unpaid carers?
If so, Carers Link Lancashire offer

Carer Awareness Training

This FREE session can be delivered at your workplace or by video call and varies between 20 minutes to a full hour.

The training will:

- Help you understand the needs and rights of carers
- Highlight how you can best support them
- Increase your awareness in identifying and engaging carers
- Understand how important a carers health and wellbeing is

For more information, or to book a training session, contact

Carers Link Lancashire on 01254 387444